

Dr. Steven M. Silverman  
14 Glen Cove Road - 2nd Floor  
Roslyn Heights N.Y. 11577  
516-484-0776

***PLEASE NOTE: When using your car or phone GPS navigation, use the address of 290 Glen Cove Road (Mahal's Indian restaurant) which is adjacent to Dr. Steven Silverman's building at 14 Glen Cove Road. Thank you!***

Exit 39 (Glen Cove Road) Make right at light onto Glen Cove Road (going north). Go three lights – (approximately ¾ mile) – just before third light, building is on right side, adjacent to an Indian restaurant named Mahal. If parking lot is full, we have rights to use Mahal's restaurant parking lot.

**L.I.E. Traveling Westbound:**

Exit 39 (Glen Cove Road) Make right at light onto Glen Cove Road (going north). Go three lights – (approximately ¾ mile) – just before third light, building is on right side, adjacent to an Indian restaurant named Mahal. If parking lot is full, we have rights to use Mahal's restaurant parking lot.

**L.I.E. Traveling Eastbound:**

Exit 39 (Glen Cove Road) Make left at light onto Glen Cove Road (going north). Go four lights – (approximately ¾ mile) – just before fourth light, building is on right side, adjacent to an Indian restaurant named Mahal. If parking lot is full, we have rights to use Mahal's restaurant parking lot.

**Grand Central Pkwy / Northern Pkwy – Traveling Eastbound:**

Exit 28 North (Willis Ave, Roslyn) You are now on Willis Ave. Go approximately three blocks to the LI Expwy and make a right onto the eastbound service road of the LIE. Continue on the service road for three lights. The third light is Glen Cove Rd. Make a left onto Glen Cove Rd. Go four lights (approximately ¾ mile) just before fourth light, building is on right side, adjacent to an Indian restaurant named Mahal. If parking lot is full, we have rights to use Mahal's restaurant parking lot.

**Northern Parkway – Traveling Westbound:**

Northern Pkwy to Meadowbrook Pkwy North – Exit at Glen Cove Rd. Make a left at light onto Glen Cove Rd. (You are now going North on Glen Cove Rd). – Cross over LI Expwy, continue (3 lights) approximately ¾ mile past the LIE, building is on right side, adjacent to an Indian restaurant named Mahal. If parking lot is full, we have rights to use Mahal's restaurant parking lot.

**Northern Blvd:**

Turn onto Glen Cove Rd going south (towards the LIE). At the fifth light make a left, crossing over Glen Cove Rd. The building will be on your right hand side. If parking lot is full, we have rights to use Mahal's restaurant parking lot.